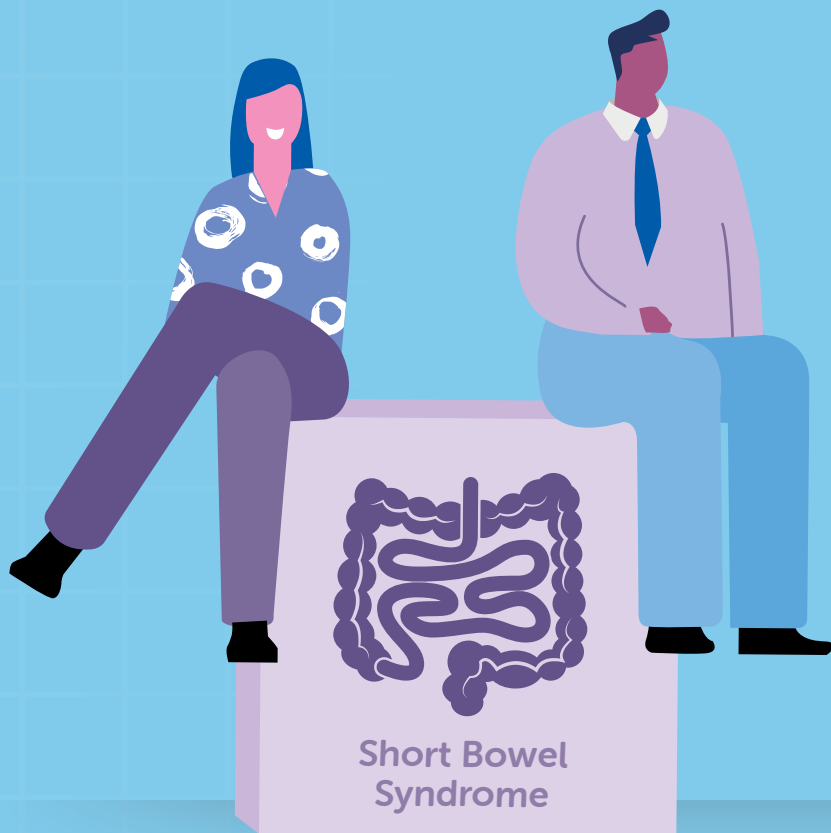


This brochure is intended to support patients who have been prescribed Revestive.

# Starting on Revestive<sup>®</sup> ▼ (teduglutide)



Please ensure you read the Package Leaflet provided in your Revestive pack before starting treatment

This patient booklet is  
provided by



▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

# Starting on Revestive

You have been prescribed Revestive (teduglutide) by your doctor and probably have many questions about how this medicine works. You may want to discuss some of these questions with your healthcare team, but we hope this brochure also provides some helpful information.

Short bowel syndrome is a disorder arising from an inability to absorb food nutrients and fluid across the gastrointestinal tract (gut). It is often caused by surgical removal of all or part of the small intestine.

Revestive contains the active substance teduglutide. It improves the absorption of nutrients and fluid from your remaining gut.

This brochure provides information on what to expect from your treatment with Revestive, and provides tips on how you can take a more active role in your treatment.

Make sure you also read the Package Leaflet provided in your Revestive pack before starting treatment.



Example box  
Not actual size

## Talking about your expectations

As you get started on Revestive, it is important to talk with your healthcare team about what you can realistically expect from your treatment. Together as a team, you can decide upon and set specific goals. Keeping track of important information can help to make sure you get the most from your treatment with Revestive.

**Taking an active part in your treatment programme means sharing your thoughts and concerns and asking questions. Write down a list of any questions or concerns to ask when you next see someone from your healthcare team.**

### Keep in mind that as Revestive begins to work:

- Your intestine should start to absorb more fluid and nutrients, so you may find that over time you have less need for parenteral nutrition
- Your diet and medications may be adjusted based on how you respond to Revestive
- You will need to continue to talk with your healthcare team about your diet and nutritional needs

# Take charge of your treatment

These 4 important steps may help you with your treatment:



Know the nutrients and fluids that are best for you



Understand your other medications



Develop a plan on how to reduce your parenteral nutrition intake with your healthcare team (if this is your treatment goal)



Understand and report any side-effects to your healthcare team

**Remember, your healthcare team is there to help support you throughout your treatment journey.**



# 1. Getting to know your nutrients and fluids

To make sure you get the nutrients you need and that you stay appropriately hydrated, work with your healthcare team to create a diet plan.

## Your diet

- Ask your healthcare team if during treatment you should aim to keep your diet the same or whether you will be able to change the foods you eat

## Your nutritional needs

- Talk with your healthcare team about what to expect and how to make diet changes that will ensure you keep getting the right nutrients

## Your weight

- Once your intestine can absorb more fluids and nutrients, you may start to see changes in your weight. Sudden weight gain should be reported to your healthcare team. You can use the diary supplied with this information to help track these and other changes you notice during treatment
- If you and your healthcare team think you need to gain weight, an oral diet or parenteral support may be used to help you get more calories

# 2. Understand your other medications

You may be taking other medications to reduce some of the symptoms related to your short bowel. Talk with your healthcare team about any medications you're taking, and discuss whether the medications or doses need to be changed over time.

- Revestive helps your intestine take more nutrition from the food and fluids you eat and can also increase absorption of oral medications. Therefore it may be necessary to reduce the doses of your other medicines. Your healthcare team will advise when or if this is appropriate for you to do and support you with dosing.

### 3. Why recording information about your health status is important

Your Patient Diary will help you monitor any changes, chart your food and fluids, and let you keep a record of what to discuss with your healthcare team at your appointments. Here is some information you might want to keep track of:



**Medicines  
you take**



**Your weight**



**Your urine output**



**How much and what  
you eat and drink**



**Your stool/  
stoma output**



**How you feel**



**Your parenteral  
support / enteral  
feeding**

You can record this information in your Patient Diary every week. This will give you a good picture of your weekly health status and will help you and your healthcare team make important decisions about your treatment to ensure you get the most from your treatment with Revestive. Keeping the Patient Diary also helps you take a more active role in your treatment.

#### Did you know?

Filling in your weekly status sheets in your Patient Diary can help your healthcare team know when and how best to reduce your parenteral support if appropriate.

Always remember to record information and keep a note of how you are feeling, so that you can talk with your healthcare team about how you're doing and any changes that need to be made to your treatment plan.

## 4. Understand, report and manage side effects

All medicines have risks and can potentially cause side effects. It is important to understand these effects, so you can recognise them and report them quickly to your healthcare team.

Ask your healthcare team:

- What side effects to expect
- How you should report them
- How these will be managed.

Having a plan to deal with any potential side effects may help lessen their impact on your daily life and keep you on track to reach your treatment goals.

Remember, side effects may be very different for different people, and while some people may experience side effects, others may not have any.

For a full list of side effects that you may experience, please read the Package Leaflet that comes with your medicine. Note that some side effects may be related to something other than Revestive treatment, and could be linked with, for example, other medications you may be taking.



# 4.1 Know the signs and symptoms of possible serious side effects of Revestive

**Seek immediate medical attention if any of the following serious side effects occur:**

Common (may affect up to 1 in 10 people)	Uncommon (may affect up to 1 in 100 people)
<ul style="list-style-type: none"><li>• Congestive heart failure: contact your doctor if you experience tiredness, shortness of breath or swelling of your ankles, legs or face</li><li>• Inflammation of the pancreas (pancreatitis): contact your doctor or the emergency unit if you experience severe stomach ache and fever</li><li>• Intestinal obstruction (blockage of the bowel): contact your doctor or the emergency unit if you experience severe stomach ache, vomiting and constipation</li><li>• Reduced flow of bile from the gallbladder and/or inflammation of the gallbladder: contact your doctor or the emergency unit if you experience yellowing of the skin and the whites in the eyes, itching, dark urine and light-coloured stools or pain in the upper right side or middle of the stomach area</li></ul>	<ul style="list-style-type: none"><li>• Fainting: if your heart rate and breathing is normal and you awaken fast, speak to your doctor. In other cases, seek medical help as soon as possible</li></ul>



## 4.2 Why side effects occur

Some side effects of Revestive are related to how the medicine works. They may happen because of how Revestive may change the structure of the intestine and improve how it absorbs food and fluids.

Do not use Revestive if:

- you are allergic to Revestive or any of the other ingredients of this medicines or trace residues of tetracycline
- you have or are suspected to have cancer
- you have had cancer in the gastrointestinal tract, including liver, gallbladder or bile ducts, and pancreas within the last five years

Before you start treatment with Revestive, your doctor will need to perform a colonoscopy (a procedure to see inside your colon and rectum) to check for the presence of polyps (small abnormal growths) and remove them. It is recommended that your doctor performs these examinations once a year during the first 2 years after starting treatment, and then at a minimum of five-year intervals. If polyps are found either before or during your treatment with Revestive, your doctor will decide whether you should continue using this medicine. Revestive should not be used if a cancer is detected during your colonoscopy. The doctor will monitor your body fluids and electrolytes as an imbalance may cause fluid overload or dehydration.

Your doctor will take special care and monitor your small bowel function and monitor for signs and symptoms indicating problems with your gallbladder, bile ducts and pancreas.



# 4.3 Most common side effects

Some of the most commonly reported side effects in patients treated with Revestive are:

Very common (may affect more than 1 in 10 people)	Common (may affect up to 1 in 10 people)
<ul style="list-style-type: none"><li>• Respiratory tract infection (any infection of the sinuses, throat, airways or lungs)</li><li>• Headache</li><li>• Stomach pain, bloated stomach, feeling sick (nausea), swelling of stoma (an artificial opening for waste removal), vomiting</li><li>• Reddening, pain or swelling at the site of the injection</li></ul>	<ul style="list-style-type: none"><li>• Flu (influenza) or flu-like symptoms</li><li>• Decreased appetite</li><li>• Swelling of hands and/or feet</li><li>• Problems sleeping, anxiety,</li><li>• Cough, shortness of breath</li><li>• Polyps (small abnormal growths) in your large bowel</li><li>• Passing gas (flatulence)</li><li>• Narrowing or blockage of your pancreatic duct, which may cause inflammation of the pancreas</li><li>• Inflammation of the gallbladder</li></ul>

## Reporting side effects

This medicine is subject to additional monitoring. This will allow quick identification of new safety information.

You can help by reporting any side effects you may get.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.



For more information on how to administer your Revestive treatment at home, please follow the link below or scan the QR code:

[https://players.brightcove.net/3871979161001/default\\_default/index.html?videoid=6363693615112](https://players.brightcove.net/3871979161001/default_default/index.html?videoid=6363693615112)

## Did you know?

If your healthcare team thinks it's right for you, you can set personal treatment goals and write these down in the back of your Patient Diary.

Bring the Patient Diary with your personal treatment goals to all your appointments and use your diary information to discuss with your healthcare team how you are doing.



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